**Assignment S1 Roles & Responsibilities of a Yoga Teacher Guidelines**

**Question 1.**

***Read through the BWY Code of Ethical Conduct for BWY Yoga Teachers. Read Patanjali’s Yoga Sutras, Chapter 2, Sutras 29-45, and list the Yamas and Niyamas in Sanskrit giving a simple English translation. Explain how each Yama and Niyama is applicable to your professional conduct as a yoga teacher.***

When researching and considering your answers remember to add all of your sources into the bibliography at the end of the worksheet as you go. To find out how to write them please check the ‘Guidance for Written Assignments’ handout.

To answer this question please give an initial paragraph introducing what the Yamas and Niyamas are and where they to be are found.

Then you are welcome to use bullet points if you wish to do so as you give some examples of ways in which each Yama and Niyama will inform your conduct as a Yoga Teacher. Do ensure that **you write in complete sentences** so your points can be easily understood and please try to give at least two examples for each Yama and Niyama.

Thanks.

**S1 Question 1 Assignment due for our next meeting 9 on 4th July 2021**