

## From the Brihadaranyaka Upanishad

Om Asato Maa Sad-Gamaya |  
Tamaso Maa Jyotir-Gamaya |  
Mrtyor-Maa Amrtam Gamaya |



Om Shaantih Shaantih Shaantih ||

Lead us from Unreality (of Transitory Existence) to the Reality (of the Eternal Self),  
Lead us from the Darkness (of Ignorance) to the Light (of Spiritual Knowledge),  
Lead us from the Fear of Death to the Knowledge of Immortality.

Om Peace, Peace, Peace.

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