## Lesson Plan Template

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| **TUTOR:** |  |
| **VENUE:** |  |
| **SUBJECT/THEME:** |  |
| **LEVEL OF STUDENTS:** |  |
| **DATE:** |  |
| **TIME/DURATION:** |  |
| **RESOURCES:**  Copyright © 2016 [British Wheel of Yoga]. All Rights Reserved. |  |
| **AIMS:** | **By the end of the class the teacher will aim to:** |
| **LEARNING OUTCOMES:** | **By the end of the class students will be able to:** |
| **ASSESSMENT METHODS:** | **To measure whether the learning outcomes have been achieved there will be:** |
| **EVALUATION METHODS:** |  |
| **BIBLIOGRAPHY:** |  |

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| **TIME** | **CONTENT** | **TEACHING**  **METHOD** | **AREAS FOR CAUTION/MODIFICATIONS/AIDS**  **VARIATIONS** | **PURPOSE/RATIONALE/**  **BENEFITS** | **NOTES** |
| **Key for Teaching Methods: VI = Verbal Instruction D = Demonstration PA = Practicing Alongside P = Presentation** | | | | | |
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