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Your tasks:

* **Everyone:** **Please complete Question 1 of assignment S1 Roles and Responsibilities of a Yoga Teacher.**

A copy of the workheet will be emailed to you and a copy can be found on the website,

along with the guidelines for the assignment. **To be emailed to me by our next meeting in**

**July.**

* **Assessment** **F2 & F3 Basic Breathing & Relaxation Micro Teaching Practice**:

**Hannah** to be ready to teach at meeting 9 on 4th July.

**Mel** tobe ready to teach at meeting 10 on 1st August.

**Kirsten** toprepare her lesson plan & script to email to me by meeting 10 on 1st August for feedback, to teach at meeting 11 on 5th September.

**Paula** toprepare her lesson plan & script to email to me by meeting 11 on 5th September for feedback, to teach at meeting 12 on 3rd October.

Please read through the assessment criteria for the teaching practice which is on our website

(website details below).

* **Assessment** **S3 Posture Profile**

**Ruth** to get her S3 Posture Profile to me as soon as possible so there is time to create the lesson plan before teaching the class at meeting 11 on 5th September.

**Jackie** to get her S3 Posture Profile to me as soon as possible so there is time to create the lesson plan before teaching the class at meeting 12 on 3rd October.

**Jayne** to get her S3 Posture Profile to me as soon as possible so there is time to create the lesson plan before teaching the class at meeting 12 on 3rd October.

**Assessment F1 Micro Teaching of Asana**

**Amanda & Hazel** to be ready to teach their class at meeting 9 on 4th July.

**Sandra** to have completed her lesson plan by our meeting 9 on 4th July. To be taught at meeting 10 on 1st August.

**Ruth** to have completed her lesson plan by our meeting 10 on 1st August. To be taught at meeting 11 on 5th September

Please refer to the **Guidelines & Allocations for Assignments S3 Posture Profile & F1 Micro Teaching of Asana,** copies have been sent by email and are also available in the assessments section of our website. Let me know if you need any help at all.

* **Everyone to carefully read through all of your handouts from the meeting:** making any pertinent notes if needed. File all handouts and notes away being as organized as you can right from the beginning!!

* **Have a very good month and I look forward to seeing you again on 4th July. This will hopefully be at our venue which is Willaston Memorial Hall, The Green, Hadlow Road, Willaston, Neston, CH64 2UG. Start time is 10am as usual. Before the meeting I will send you some details concerning Covid Guidelines and if anyone cannot or prefers not to attend in person then we can try to arrange a link in by Zoom.**

Our website is at [www.yoga-ayurveda.co.uk](http://www.yoga-ayurveda.co.uk) and your password is Shiva.

Remember you are free to contact me at home if you have any questions at all, although emailing me is always best whenever possible.

Yr Ogof

Mynydd Mechell

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