

Your tasks:

* **Everyone**: to continue with **Assignment S4**, to include the Scheme of Work, Course Plan and Course Evaluation Form for students. This will need to be completed by our **second February meeting** to give you time to complete the detailed lesson plan based on one of the weeks of the course plan.

Please also consider when you might potentially arrange to do your **Assessed Class Teaching Practice** (ACT), for instance if you are already teaching when and where might be a class be arranged? Is there a class you attend or a teacher you can approach to borrow a class and if so when and where might this be done? Your ACT will need to be done by mid June so please think ahead and remember to do this you will need to have already had your Scheme of Work, Course Plan and Course Evaluation Form passed, and you will also have to complete your detailed lesson planforthe ACT class. It will be good to have a date for your ACT to be arranged so you can work towards this date - giving plenty of time for it all to be marked and passed!

* **Assessment F1 Asana Micro Teaching Practice Lesson Plan:**

**Stacey** to be ready to teach her class at meeting 17 on 27th February

**Liz** to be ready to teach her class at meeting 17 on 27th February

**Maria** to be ready to teach her class at meeting 18 on 13th March

* **Everyone carefully read through all of your handouts from the meeting:** making any pertinent notes if needed. File all handouts and notes away being as organized as you can right from the beginning!!
* I look forward to seeing you again on **27th February.** This will hopefully be again at our venue which is Willaston Memorial Hall, The Green, Hadlow Road, Willaston, Neston, CH64 2UG. Start time is 10am as usual. If anyone cannot attend in person then we can try to arrange a link in by Zoom.

Our website is at [www.yoga-ayurveda.co.uk](http://www.yoga-ayurveda.co.uk) and your password is Shiva.

Remember you are free to contact me at home if you have any questions at all, although emailing me is always best whenever possible.

Yr Ogof

Mynydd Mechell

Isle of Anglesey

LL68 0TE

Tel: 01407 710347 (home)

Mobile: 07757 914089

Email: sarah.deva@yahoo.co.uk / sarahdevayoga@gmail.com