

This month’s tasks:

* I look forward to seeing you again on the **3rd May 2015.** Apologies that this is a bank holiday weekend but I had no choice with venue bookings, on the upside you will have the Monday to rest!
* David & Anne to teach their pranayama teaching practice 6.3 at our next meeting on 29th March 2015 so please send me your lesson plan asap if you have not done so already.
* Sue & Mark to teach their pranayama teaching practices 6.3 for the following meeting on 7th June 2015 so please send your first lesson plans by the next meeting. Please use the usual proforma lesson plan and refer to the guidelines given already for this 6.3 teaching practice, and do feel free to ask me if you would like some help.
* Gina to teach her asana practice in our following meeting on 3rd May 2015. Pauline & Cheryl to get ready to teach their asana practice on 7th June.
* Everyone to complete all outstanding assignments to include:
  + 4.1 Scheme of Work & 4.2 Detailed Lesson Plan based on one week
  + 5.1 Vulnerable Areas Worksheet
  + 6.1 Prana & The Pranic System
  + 6.2 Hatha Yoga Pradipika Assignment
  + 6.4 Pranayama Home Diary (front sheet & dairy itself)

Please send these to me asap, do not wait as next time we start to move away from the HYP and Hatha Yoga to begin our study of the philosophy of the Upanishads!

* Finally please check you are up to date wih your **supporting documents** for Part 2 i.e
  + class attendence sheet signed (if it is blocks of classes you do not need to give each class, just give the span of time)
  + events attended sheet
  + 15 hours worth of PLREs for classes taught. If you want to also give a record of classes taught for completion then you can do so.

Remember you are welcome to contact me at home if you have any questions. Emailing me is always best when possible.

Yr Ogof

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