**The Roles and Responsibilities of a Yoga Teacher: Teaching Vulnerable Adults**

There are two situations we need to consider with regards to teaching vulnerable adults/adults at risk:

* Teaching specialist classes for adults at risk
* Teaching classes with adults at risk in attendance

Considerations:

1. Need to be aware of **who constitutes a vulnerable adult** i.e.

* “Aged 18+
* Has needs for care and support (whether or not these are currently being met
* Is experiencing, or is at risk of, abuse or neglect, and
* As a result of those needs is unable to protect himself or herself against the abuse or neglect or the risk of it

So includes adults with physical, sensory and mental impairments and learning disabilties, howsoever those impairments have arisen e.g. whether present from birth or due to advancng age, chronic illness or injury.

Also included are people with mental illness, dementia or other memory impairments and people who misuse substances or alcohol.

The definition includes unpaid carers (family and friends who provide personal assistance and care to adults on an unpaid basis)”

 [from BWY Safeguarding Adults Policy & Procedure booklet]

2. Carefully **read BWY Safeguarding Policy & Procedure Booklet** on BWY

<https://www.bwy.org.uk/pdf/1611933896BWY%20Safeguarding%20Adults%20Policy%202020..pdf>

3. **Complete your local Safeguarding Training for Adults at Risk** **course** which is a short course that is usually provided free by local authority in your area; this needs to be renewed every three years; a list of local authorities can be found at the end of the BWY Safeguarding Policy & Procedure Booklet.

4. **Record your completion** of the Safeguarding Course on the BWY website in the Member’s Safeguarding area

**However if you wish to run a group of adults at risk then the procedure to follow is:**

1. You should have experience of working with that type of vulnerability or training to do so.

2. Complete the BWY application form A for teachers wishing to teach children & young people and / or adults at risk & complete the BWY application form B Self-Declaration and Disclosure Form

3. Send forms A & B to the BWY Safeguarding and Diversity Manager at Central Office

4. Be familiar with the BWY Safeguarding Adults Policy and Procedure

5. Complete your local Safeguarding Training for Adults at Risk which is a short course that is usually provided free by local authority in your area; this needs to be renewed every three years; a list of local authorities can be found at the end of the BWY Policy.

7. Record your completion of the Safeguarding Course on the BWY website in the Member’s Safeguarding area

**Note**: **A DBS is not required by the BWY insurers** to teach adults at risk courses but check with the Care Home, Local Authority etc. as they may have different rules to follow. If you require a DBS then you can follow their guidance or see the ‘Guide for Teachers – DBS applications’ PDF be found in the safeguarding area of the BWY website:

**BWY Safeguarding Adults Policy and Procedure**

**For your information this policy includes:**

* A definition of adults at risk
* How to recognise signs of abuse
* Procedure for raising concerns of abuse or neglect, which may involve:
	+ contacting the Lead BWY Safeguarding Officer (Rebecca Morris/ NEC Vice Chair)
	+ contacting the Local Authority
	+ contacting the Police (101 if no immediate risk/999 if there is an immediate risk)
	+ informing other parties e.g. relatives
	+ Documenting the incident and any actions or decisions made
* Contact numbers for BWY Safeguarding team