**Guidance for Your Supporting Documents**

During the course you need to keep three different supporting documents up to date, so please be organised from the very start of the course. These are your:

1. Student Teacher Class Attendance Log
2. Student Teacher Workshops Attendance Log
3. Student Teaching Hours Log

**Student Teacher Class Attendance Log**

Here you need to list the classes you attend, giving the details requested on the form. If it is a regular class with the same teacher then you need write the details up once and then can give a broad time frame e.g. Jan 2021 to March 2021, Autumn terms etc. otherwise separate lines are needed for different classes with that teacher. Ideally the teacher would eventually sign the form, but this may not be possible, especially if classes are on-line, so this is not always necessary. If you are going to lots of different teachers, then please use a separate form for each teacher. It is advisable to go to different classes with different teachers during your training!

**Student Teacher Workshops Attendance Log**

Ideally you will participate in at least two or more events per year totalling at least 15 hours or so, so that you are supplementing your learning. Details for these events must be given on this form. Do note that events will need to be something that actually assisting you in your future teaching of yoga so cannot be something too exotic or unrelated.

**Student Teaching Hours Log**

Please give details of 15 hours of formal teaching where you are teaching a group, i.e. to more than two students. And remember to also submit 3 Reflective Evaluation Forms as well.