## AFS Unit 6: Task 6.2, Hatha Yoga Pradipika (Tutor)

**Written Work Front Sheet**

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| This task provides evidence for the following qualification learning outcomes and assessment criteria for Unit 6:  |
| **Learning Outcome 1: Know and Understand the principles of Hatha Yoga.**  |
| **Assessment Criteria 1.1:** | *Describe the principles of Hatha Yoga with reference to the Hatha Yoga Pradipika.* |
| **Learning Outcome 3: Know and understand Pranayama, Mudra, Bandha and Kriya:** |
| **Assessment Criteria 3.1:****Assessment Criteria 3.2:** | *Explain in detail a central aspect of the energetic or purificatory nature of Hatha Yoga**Describe the theory, practice and teaching of the chosen aspect with areas for caution* |

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| **Name of Student Teacher:**  | **Date:** |
| **Written work must include:** | P/R | **Tutor’s Comments:** consider the learning outcome assessment criteria above when assessing these items. |
| 1. a) Summary of the content and purpose of the system of Hatha Yoga set out in the Hatha Yoga Pradipika***Refer to Learning Outcome 1: Assessment Criteria 1.1*** |  |  |
| b) Explanation of chosen essay topic including consideration of all aspects specified in the essay title***Refer to Learning Outcome 1: Assessment Criteria 1.1******Refer to Learning Outcome 3: Assessment criteria 3.1 & 3.2***  |  |  |
| 2. Structure, organisation and development of material selected. |  |  |
| 3. Evidence of a reasoned practical approach to the application of philosophical theory to class teaching.***Refer to Learning Outcome 3:******Assessment Criteria 3.1 and Assessment Criteria 3.2*** |  |  |
| 4. **Evidence of discriminative, analytical and independent thinking**. Is the work written to the standard expected of a level 4 piece of work? |  |  |
| 5. **Are sources acknowledged and correctly referenced;** including use of an acceptable bibliography? |  |  |
| **General comments of tutor/assessor:**Signature: Date: |
| **Student Teacher’s comments: *Student to add any comments referring to the tutor’s assessment feedback***Signed (student teacher): Date: |
| **A Student Teacher’s Reflection on Written Work (page 31) should be completed by the student after Tutor feedback** |