## AFS Unit 5: Task 5.1, Protecting Vulnerable Areas of the Body (Tutor)

**Written Work Assignment Front Sheet**

|  |  |  |  |
| --- | --- | --- | --- |
| This task evidences the following learning outcome assessment criteria from the BWYQ Level 4 Qualification Unit Specifications. Tutors must assess against this criteria to evidence that the student has learned the desired knowledge and skills required for them to achieve this component of the qualification. Comments on the assessment sheets should refer to these criteria including any rationale to ‘refer’ or ‘pass’.  This task provides evidence for the following qualification specification learning outcomes and criteria:  Unit 5: 2.1-2.5 | | | |
| **Unit 5: Learning Outcomes 2: Know areas of the body that are vulnerable and understand how to protect them** | | | |
| **Assessment Criteria 2.1**  **Assessment Criteria 2.2**  **Assessment Criteria 2.3**  **Assessment Criteria 2.4** | Identify areas of vulnerability in specific posture  Explain the nature of the vulnerability  Give teaching points to protect these areas  Suggest appropriate modifications or aids to assist learners | | |
|  | | | |
| Name of Student Teacher: Date: | | | |
| **5.1 Protecting Vulnerable Areas of the Body.**  The knees, the lumbar and cervical spine are generally regarded as vulnerable areas of the body. Describe how you would protect these areas when teaching two Asanas, explaining the nature of the vulnerability for each asana. | | | |
| **Written work must include:** | | **P/R** | **Tutor comment:** Tutors must consider assessment criteria for the above learning outcomes when assessing these items. |
| For each posture   1. Correct analysis of the nature of the vulnerabilities. 2. Teaching points to address areas of vulnerability.   c) Possible modifications, adjustments and props.  d) Clear rationale  ***Refer to all learning outcome assessment criteria above.*** | |  |  |
| Evidence of discriminative, analytical and independent thinking. Is the work written to the standard expected of a level 4 piece of work? | |  |  |
| Are sources acknowledged and correctly referenced; including use of an acceptable bibliography? | |  |  |
| **General comments of tutor/assessor:**  Signature: Date: | | | |
| **Student Teacher’s comments: *Student to add any comments referring to the tutor’s assessment feedback***  Signed (student teacher): Date:  **A student teacher’s reflective comment on written work (page 31) should be completed by the student after tutor feedback** | | | |