## AFS: Unit 1: Task 1.1a Posture Profile Assessment Front Sheet (Tutor)

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| This task evidences the following learning outcome assessment criteria from the BWYQ Level 4 Qualification Unit Specifications. Tutors must assess against this criteria to evidence that the student has learned the desired knowledge and skills required for them to achieve this component of the qualification. Comments on the assessment sheets should refer to these criteria including any rationale to ‘refer’ or ‘pass’. |
| This task provides evidence for the following qualification specification learning outcomes and assessment criteria:Unit 1: 1.1; Unit 3: 2.1; Unit 5: 2.1 and 2.4 |
| **Unit 1 Learning Outcome 1: Know and understand how to apply principles of anatomy and physiology to the safe and effective teaching of Asana** | **🗸** |
| **Assessment Criteria 1.1** | Analyse posture in terms of the movement involved in key joints and key muscle actions |  |
| **Unit 3 Learning Outcome 2: Understand and demonstrate knowledge of the minimum core specifications for teachers in the National Framework and how these apply in Yoga teaching** |
| **Assessment Criteria 2.1** | Apply relevant minimum core specifications in literacy, language, numeracy and ICT in their planning and delivery of teaching, in their research and record keeping as appropriate to Yoga. |  |
| **Unit 5 Learning Outcome 2: Know areas of the body that are vulnerable and understand how to protect them** |
| **Assessment criteria 2.1****Assessment criteria 2.4** | Identify areas of vulnerability in specific posture Suggest appropriate modifications or aids to assist learners |  |
| All elements must be achieved to the required level for a Pass. Those that are not achieved will be referred for further assessment. Reasons for referral must be clearly stated in tutors’ comments. Tutors must accurately evaluate all assessment criteria and comment on specific strengths and areas for development. In cases of referral only the referred criteria will be reassessed and commented on by tutors/ assessors.  |
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| **Name of student teacher: Date of Teaching:** |
| Student teachers will, within their peer group, teach a thirty-minute session of an Asana for which they have completed a detailed posture profile. A lesson plan will be submitted for approval by the tutor in advance.***Unit 3: Assessment Criteria 2.1*** |
| **The posture profile will contain:** | **P/R** | **Tutor’s Comments:** Tutor must consider assessment criteria for the stated learning outcomes when assessing these items. |
| All elements stated on the profile. Understanding of anatomical principles will be demonstrated in explanations and application of principles to the teaching of Asana.***Unit 1: Assessment Criteria 1.1:*** ***Unit 5: Assessment Criteria 2.1 and 2.4*** |  |  |
| **General comments of tutor/assessor:****Signature: Date:** |
| **Student comments: *Student to add any comments referring to the tutor’s assessment feedback*****Signature: Date:** |
| **A post lesson reflective evaluation (PLRE) should be completed by the student after peer and tutor feedback – page 24** |