

Summary of Supporting Documents

Remember to keep them all up to date!

Yoga Events & Workshops:

- Ideally 6 hrs to 12 hrs per year in extra events

Classes Attended:

- Use different attendance record forms for different teachers
- Make sure they sign them off at some point
- If you go to a different class remember to take your form for a 'one off'
- If it is a regular class you can give blocks of classes rather than individual ones

Record of Teaching

In **total 30 hours** of teaching must be recorded, which means **15 hours of general teaching** and **15 hours to be recorded in part 2 unit 4** when we create a 10 week course plan.

Record all teaching done, to include

- Diploma Class teaching practices
- One to ones
- Initially this can be teaching of separate elements of a class, does not need to be a whole class

Note: for teaching to be recorded:

- 1) You need to add it to your teaching record
- 2) A Post Lesson Reflective Evaluation form (**PLRE**) must also be completed and filed away for when it is needed as evidence.

